PERU · KIT LIST

PERU'S OFFICIAL EMERGENCY KIT CHECKLIST (INDECI SURVIVAL COMBO)

The INDECI Survival Combo list for Peru, line by line: the 24-hour emergency backpack and the reserve box for days 2 to 4. 🇵🇪

Updated 2026-10-28 · 3 official sources · Leer en español

Short answer. INDECI, Peru's national civil defence institute, publishes a tick-box list called the "Survival Combo": an emergency backpack for the first 24 hours (one per two people, about 8 kg, taken when evacuating) and a reserve box for days 2 to 4, kept at home [2]. Together they cover the first four days of an emergency [1] [2]. The list below follows INDECI's 2019 triptych.

WHAT GOES IN THE EMERGENCY BACKPACK (FIRST 24 HOURS)?

For the first 24 hours: water, non-perishable food, hygiene items, a first-aid kit, warmth, some cash, communication items, miscellaneous tools and copies of your documents [2].

0 / 14 items ready

	ITEM	QUANTITY
☐	Still bottled water	1/2 litre bottle (triptych) [2]; the 2021 workbook example lists 1 litre per person [3]
☐	Non-perishable food: cereal bar, canned food, chocolate	For the first 24 hours [2]
☐	Hygiene: antibacterial gel, toilet paper, hand and face towel, pack of wet wipes	1 each [2]
☐	First-aid kit: first-aid manual, ethyl alcohol, sterile gauze, adhesive tape, adhesive bandages, elastic bandages, antibiotics/anti-inflammatories, antibiotic cream	1 kit [2]
☐	Warmth: fleece blanket, footwear	1 each [2]
☐	Cash, preferably coins	Some [2]
☐	Communication: torch and batteries, portable radio, spare batteries, whistle, notebook with emergency numbers, writing materials	1 each [2]
☐	Miscellaneous: strong plastic bags, multipurpose knife, work gloves, polyester rope, lighter, plastic sheet for floor or roof, multipurpose tape, floor mat, face masks	1 each [2]
☐	Others: spare keys, spare glasses, photocopies of ID (DNI), driving licence and passport, photocopies of insurance cards and property deeds	1 set [2]

WHAT DOES THE BACKPACK ADD FOR SPECIFIC PEOPLE?

Extra items for babies and infants, women, older adults and pets, such as milk and nappies, sanitary towels, adult nappies and pet food [2].

FOR	ITEMS
Babies and infants	Tin of powdered or evaporated milk, baby bottle, baby food, disposable nappies, child cutlery, medicines, warm clothes and a change of clothes, toys [2]
Women	Sanitary towels [2]
Older adults	Adult nappies, change of clothes, medication [2]
Pets	Food and water, lead and bowls [2]

Quantities are as needed for each person [2]. See also our guides on infant supplies, pets and vulnerable people.

WHAT GOES IN THE RESERVE BOX (DAYS 2 TO 4)?

For days 2 to 4: a 2.5 L bottle of water, non-perishable food, hygiene items, clothing and household items such as a pot and a thermos [2].

	ITEM	QUANTITY
☐	Still bottled water	2.5 L bottle [2]
☐	Non-perishable food: instant soup, canned food, powdered or canned milk, cereal bars, sweets, chocolate	For days 2 to 4; amount depends on the family [2]
☐	Hygiene: hand and bath towels, toothbrush and toothpaste, soap	As needed [2]
☐	Clothing: jacket or sweater, underwear, socks, fleece blanket	As needed [2]
☐	Miscellaneous: pot, thermos, disposable plates, cups and cutlery, clear plastic wrap, newspaper, safety pins, plastic sheet for floor or roof, spare batteries, umbrella	As needed [2]

The reserve box is not carried during evacuation. Keep it in a dry, protected place, for example the car or the garden [2].

WHAT ELSE DOES INDECI SAY ABOUT THE LIST?

Adapt the contents to your family and your geographic area, and renew items according to their expiry dates. A new backpack is not needed: any bag in good condition will do [2]. Related guides: first-aid kit, important documents, emergency radio.

FREQUENTLY ASKED QUESTIONS

Does INDECI list medicines?

Yes, in general terms: the backpack's first-aid kit includes antibiotics/anti-inflammatories and antibiotic cream, and the sections for babies and older adults include medicines or medication [2]. INDECI does not name specific drugs.

Why photocopies of documents?

INDECI lists photocopies of your DNI, driving licence, passport, insurance cards and property deeds, plus spare keys and glasses, so you have them if you must leave home [2].

Where can I check the full family plan?

In INDECI's 2021 workbook "Plan Familiar de Emergencia: La Seguridad Empieza en Casa" [3]. See also our emergency supplies page for Peru.

TURN THIS LIST INTO YOUR PLAN

The official list above is the reference: you can assemble everything on it yourself.