MOLDOVA · KIT LIST

MOLDOVA'S OFFICIAL EMERGENCY KIT CHECKLIST, ITEM BY ITEM

The IGSU list for Moldova, line by line: 72 hours of water and food, home medicines, and the emergency suitcase with documents, radio, light and bedding. 🇲🇩

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Short answer. Moldova's General Inspectorate for Emergency Situations (IGSU) asks for two things: 72 hours of home supplies (water, long-life food, medicines) and an emergency suitcase or backpack for evacuation [1]. Water: on average 3 litres per person per day, 4 litres in hot weather [1]. The full official list is below, line by line.

WHAT SHOULD I KEEP AT HOME FOR 72 HOURS?

From IGSU's guide [1]:

0 / 21 items ready

- [ ] Drinking water for the whole family for 72 hours — on average 3 L per person per day (4 L in hot weather); also locate wells and springs nearby

- [ ] Long-life food (at least 6 months), no cooking or refrigeration, high in calories: tinned food, vegetables, pasta, cereals, biscuits, flour, vegetable oil, cheese, coffee, tea, sugar, honey, jam, nuts — for 72 hours
- [ ] Food stock for pets
- [ ] Home medicines: painkillers and fever reducers, medicines for digestive disorders, antiallergic medicines, sedatives; restock the home first-aid kit

WHAT GOES IN THE EMERGENCY SUITCASE?

IGSU's emergency suitcase (*rucsac pentru situații de urgență*) [1]:

- [ ] Copies of identity documents
- [ ] List of telephone numbers
- [ ] Portable radio with spare batteries (1)
- [ ] Sufficient money
- [ ] High-calorie long-life food
- [ ] Folding multi-tool knife, metal spoon, plate and cup
- [ ] Drinking water reserve for 72 hours / 3 days
- [ ] Means of heating food
- [ ] Water filter (1)
- [ ] Spare charger, car charger, power bank
- [ ] Matches, lighters, candles, torches, batteries

- [ ] Warm clothes, underwear and footwear
- [ ] Sleeping bag or blanket, camping mat, preferably a tent
- [ ] Glue, thread, needles, scissors, stationery
- [ ] Towel, toilet paper, disposable wipes
- [ ] Disinfectants and hygiene products
- [ ] Medical kit (1)

Where IGSU gives no number, the list does not specify a quantity [1].

WHAT ABOUT POWER AND HEATING CUTS?

For utility outages IGSU adds a backup power source or generator, a heater that works without mains electricity, a fuel reserve, containers to carry and store water, and a notebook with important phone numbers [1]. See power outage and generator carbon monoxide.

HOW DO I KEEP THE KIT USEFUL?

The IGSU list gives no review schedule. Check expiry dates on food, water and medicines, and keep batteries and power banks charged. For background, see the 72-hour kit guide, the first-aid kit guide, important documents and pets.

IS THERE A READY-MADE KIT?

Check any ready-made kit against the IGSU list above: the official list is the reference, and personal items such as medicines, prescriptions and documents always have to be added

by you. Phaenyx has a kit page for readers who prefer a ready-made base.

FREQUENTLY ASKED QUESTIONS

Where is the official Moldovan list?

In IGSU's guide *Ghidul acțiunilor în situații de risc – Acțiuni în primele 72 de ore*, available on the IGSU website [1] [2].

Does the list give quantities for everything?

No. It gives quantities for water (3 L per person per day, 4 L in hot weather), the 72-hour period, and one radio, water filter and medical kit; other items have no set amount [1].

Do I need a tent?

IGSU lists a sleeping bag or blanket and a camping mat, and preferably a tent [1].