INDONESIA · KIT LIST

INDONESIA 72-HOUR BAG CHECKLIST: THE OFFICIAL BNPB LIST

The BNPB Tas Siaga 72 Jam, item by item: 2 L of water per person per day, food, torch, radio, first aid, document copies, cash.

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Short answer. BNPB's 72-hour emergency bag (Tas Siaga 72 Jam) holds at least 2 litres of drinking water per person per day, long-life ready-to-eat food, a torch, a power bank, a portable radio, first-aid items, copies of key documents and cash [1]. Keep it by the exit, ready in 10 seconds, and check it at least every 6 months [1].

WHAT IS ON THE OFFICIAL BNPB LIST?

The list below reproduces every item in BNPB's 2026 family guide *Keluarga Siaga Bencana* [1]. Where BNPB gives no quantity, the table says "not specified".

0 / 27 items ready

	ITEM	QUANTITY [1]
☐	Drinking water	minimum 2 litres per person per day

	ITEM	QUANTITY [1]
☐	Long-life ready-to-eat food	not specified
☐	Energy biscuits	not specified
☐	Baby food (if there is a toddler)	not specified
☐	Torch with spare batteries	not specified
☐	Power bank	not specified
☐	Portable radio	not specified
☐	Whistle	not specified
☐	Masks	not specified
☐	Gloves	not specified
☐	Personal medication	not specified
☐	Fever-reducing medicine	not specified
☐	Bandages and antiseptic	not specified
☐	Wound plasters	not specified
☐	Minyak angin (medicated oil)	not specified
☐	Hand sanitizer	not specified
☐	Photocopy of ID card (KTP)	not specified (keep in a waterproof plastic bag)
☐	Photocopy of family card (KK)	not specified (keep in a waterproof plastic bag)

	ITEM	QUANTITY [1]
☐	Photocopy of house certificate	not specified (keep in a waterproof plastic bag)
☐	Copy of savings book	not specified (keep in a waterproof plastic bag)
☐	Printed list of important phone numbers	not specified
☐	Change of clothes	not specified
☐	Thin blanket	not specified
☐	Raincoat	not specified
☐	Cash	enough (secukupnya)
☐	Elderly: regular medication, spare glasses, adult diapers if needed, extended-family phone numbers	as needed
☐	Children's bag: favourite snack, small doll, small torch, mask, water bottle	not specified

HOW SHOULD THE BAG BE PACKED AND STORED?

Keep the bag near the exit, visible, not locked and ready to take in 10 seconds, and check it at least every 6 months [1].

- Near the exit, visible, not locked, easy to reach [1].
- Ready to take in 10 seconds; light but complete [1].
- Checked at least every 6 months [1].
- Ideally one main family bag plus one small extra bag; a bag upstairs in a multi-storey home; a small torch and shoes by the bed [1].
- Document copies go in a waterproof plastic bag [1].

CAN I START WITH A CHEAPER BAG?

Yes. BNPB says a bag can start with bottled water, instant noodles, a simple torch, a plastic folder for documents and the medicines already at home [1].

HOW DO I ADAPT THE LIST TO MY HOUSEHOLD?

BNPB adds items for toddlers, older people and children [1]. Toddlers get baby food; older people get regular medication, spare glasses, adult diapers and extended-family phone numbers; a child gets their own small bag with a favourite snack, a small doll, a small torch, a mask and a water bottle [1]. For more detail, see /guides/infant-supplies and /guides/vulnerable-people. For the first-aid items, see /guides/first-aid-kit; for the radio, /guides/emergency-radio; for light, /guides/emergency-lighting; for documents and cash, /guides/important-documents. More context is on the emergency supplies page.

TURN THIS LIST INTO YOUR PLAN

The official list above is the reference: you can assemble everything on it yourself.

FREQUENTLY ASKED QUESTIONS

Is the BNPB bag the same as a 72-hour kit?

Yes. It is designed for the first 72 hours, when families may have to cope alone [1]. See /guides/72-hour-kit.

How much water goes in the bag?

At least 2 litres per person per day, so at least 6 litres per person for 72 hours [1].

Why a whistle and masks?

Both are on the BNPB list [1]. A whistle helps rescuers find you; masks are useful against dust and ash (see /guides/volcanic-ash).