CYPRUS · KIT LIST

CYPRUS EMERGENCY KIT CHECKLIST: THE OFFICIAL CIVIL DEFENCE LIST

The Cyprus Civil Defence kit list line by line: 3 days, 3 L of water per person per day, food, first aid, radio, torch, documents and more.

Updated 2026-10-28 · 3 official sources · Ανάγνωση στα ελληνικά

Short answer. Cyprus Civil Defence's 2026 family plan lists a three-day kit: 3 litres of water per person per day, non-perishable food, first aid, cash, a change of clothing, keys, a multi-tool, document copies, a battery radio, phone and charger, torch, map, hygiene items, blankets, pet food and contact details [1]. The older 72-hour leaflet adds medication, warm clothing, a whistle and a dust mask [2].

WHAT IS ON THE OFFICIAL CYPRIOT CHECKLIST?

Line by line, from the *Family Communication Emergency Plan* (P.I.O. 41/2026) [1], completed by the older 72-hour leaflet [2] and the shelter instructions of 3 March 2026 [3]:

0 / 19 items ready

- [ ] **Water**: 3 litres per person per day [1].

- [ ] **Non-perishable food**: for three days [1].
- [ ] **First-aid kit**: 1 [1].
- [ ] **Cash** [1].
- [ ] **Complete change of clothing**: 1 [1].
- [ ] **Car and house keys** [1].
- [ ] **Multi-knife tool**: 1 [1].
- [ ] **Important family documents** (copies, per the Greek edition) [1].
- [ ] **Battery-powered radio, mobile phone, charger, batteries, torch** [1].
- [ ] **Local map**: 1 [1].
- [ ] **Disinfection and personal hygiene items, blankets** [1].
- [ ] **Pet food**: if needed [1].
- [ ] **Family and emergency contact information**: 1 set [1].
- [ ] **Other tools or equipment you may need** [1].
- [ ] **Medication** [2].
- [ ] **Warm clothing** [2].
- [ ] **Whistle**: 1 [2].
- [ ] **Dust mask** [2].

- [ ] **Baby food**, if you have children [3].

Where the list gives no quantity, Civil Defence does not specify one [2] [1].

HOW MUCH WATER DOES THAT MAKE?

At 3 litres per person per day for three days [1]:

HOUSEHOLD	WATER FOR 3 DAYS
1 person	9 litres
2 people	18 litres
3 people	27 litres
4 people	36 litres

HOW SHOULD THE KIT BE PACKED?

The older Civil Defence leaflet says the kit should be waterproof and easy to carry [2]. Keep it where everyone in the household can reach it. For general background, see the 72-hour kit guide, the first-aid kit guide and the emergency radio guide.

WHAT SHOULD I TAKE TO A SHELTER?

For going to a Civil Defence shelter, the Ministry of Interior lists ID or basic documents, water, dry food and baby food [3]. It also lists first-aid supplies, essential and prescribed medicines, a torch, a small portable radio and batteries [3]. See public shelters.

IS THERE A READY-MADE KIT?

Yes: Phaenyx has a kit page for readers who prefer a ready-made base. Whatever you choose, check it against the Civil Defence list above: the official list is the reference, and personal items such as medicines, documents, keys and contact details always have to be added by you.

FREQUENTLY ASKED QUESTIONS

Which Cypriot list is the current one?

The *Family Communication Emergency Plan* (P.I.O. 41/2026) [1]. The older 72-hour leaflet is still a Civil Defence publication and has the same three-day horizon [2].

Why does one leaflet say "earthquake kit"?

The English heading of the older leaflet reads "Creating your earthquake kit", but the list is the general 72-hour supply list [2]. See our earthquake preparedness guide.

Should I include a dust mask?

The older Civil Defence leaflet lists one [2].